

# NO VET ALONE

SALUTING THE SERVICE OF AMERICA'S FINEST

NOVEMBER 9-11, 2018



In commemoration of the 100th anniversary of WWI's ending, Project Hero is launching its nation-wide initiative: **No Vet Alone**. In response to this momentous occasion, the Department of Veterans Affairs has declared November 9: **National No Vet Alone Day**. The **#NoVetAlone** initiative will challenge Americans and communities across the country to engage in 3 days of activities that honor and support our Nation's heroes who have served and sacrificed. It will raise awareness for suicide prevention, and share the journeys of those undergoing mental and physical rehabilitation.



November 9th will also mark No Vet Alone's **nation-wide, year-round, peer-to-peer network** for service members, veterans and first responders. This network will help provide resources and tools, while creating communities, to help our Nation's heroes improve resilience. Veterans will be encouraged to **GET CONNECTED** through NoVetAlone.org and **GET INVOLVED** via a national radio and TV promotional campaign. These communities re-establish camaraderie and that camaraderie **saves lives**.

**PROJECT HERO** brings our Nation's Veterans and First Responders together through sports, activities and community - helping them overcome challenges resulting from their visible and invisible wounds.

As the catalyst for the adapted sports movement, Project Hero continues to be the industry leader. Project Hero's research confirms that the work being carried out since its inception is changing and improving the lives of tens of thousands of veterans, first responders and their families.

The cornerstone event will be held on Sunday, November 11, in Fort Benning, Georgia.

The live, primetime, national broadcast will honor Nation's heroes.



Supported by the Veterans Administration, American Red Cross, Performance Bike Shops, and other partners throughout the U.S., the weekend will include over 1000 events and share that Project Hero's work ensures that there is **#NoVetAlone**.

## PROJECT HERO'S IMPACT:

- **62% of Project Hero participants reduce or eliminate prescription drug use: Opioids by 32%; Anti-Depressants by 62%**
- **83% reduced PTSD-related stress attacks**
- **\$9,761/yr is the average savings for a Project Hero participant for VA mental health care, including prescription drugs**

“Saving Lives by providing  
**HOPE, RECOVERY, RESILIENCE**  
for those who serve our country.”  
**NoVetAlone.org**